



BRIDGE HOUSE
LEISURE CLUB

THE MIDLANDS ANSWER TO FITNESS & HEALTH

www.bridgehouse.com

THE MIDLANDS ANSWER TO FITNESS & HEALTH

- 20 Meter Swimming Pool
- White Flag Accredited
- Jacuzzi
- Outdoor Hydrotherapy Pool
- Sauna
- Steam Room
- Fully Equipped Gym
- Fitness Studio
- Free Weights Area
- Fitness & Aqua Aerobics Classes
- Swimming Lessons
- Family Friendly
- Kids Clubs & Camps
- Power Plate
- Personal Trainer Services
- Assessment & Fitness Programmes
- Rehabilitation Programme
- Special Offers



BRIDGE HOUSE
Hotel, Spa & Leisure Club

The Bridge House Hotel Leisure Club offers state of the art facilities, which include a 20 meter swimming pool, jacuzzi, sauna, steam room, outdoor hydro therapy pool, a fully equipped gymnasium, golf simulator machine and The Sanctuary Spa & Beauty Centre.

We provide an unbeatable combination of location, facilities and professional staff that make it the best leisure club in the midlands for a great work out or simply to relax & unwind!

Meet with a fully qualified and experienced instructor who will assess your fitness level & design a fitness programme realistic to your goals. We offer a range of fitness & aerobics classes, sports massage, rehabilitation programmes & advice, kid's activities & more!

Boasting a White Flag Award for leisure facilities since 2005, the leisure club prides itself on the high quality of service and attention to detail that it offers to all of its members and hotel guests.

Range of membership options to choose from

Single	<input checked="" type="checkbox"/>	Off Peak	<input checked="" type="checkbox"/>
Couple	<input checked="" type="checkbox"/>	Student	<input checked="" type="checkbox"/>
Family	<input checked="" type="checkbox"/>	Youth & Additional Children	<input checked="" type="checkbox"/>
Golden Years	<input checked="" type="checkbox"/>		

For Special offers visit

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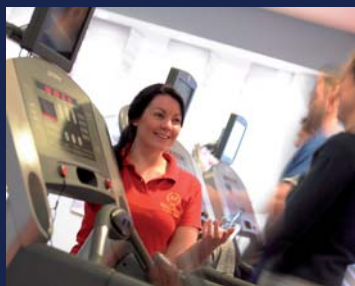
THE SANCTUARY SPA

For ultimate relaxation, body and soul rejuvenation let your senses guide you to our very own tranquil haven & indulge yourself in a range of spa & beauty treatments. Experience our relaxation chambers and unwind in the hands of our trained therapists.



BRIDGE HOUSE GOLF SIMULATOR

Play some of the world's most famous championship golf courses such as St. Andrews and The Belfry.



OPENING HOURS

Monday - Friday	7am - 10pm
Saturday - Sunday	8.30am - 8.30pm
Bank Holidays	8.30am - 8.30pm
Children under 15	7am - 7pm

For Special offers visit
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Bridge House Hotel, Tullamore, Co. Offaly, Ireland
Low Call 1850 312 312 Phone 057-932 5600
Email leisuremanager@bridgehouse.com